

# Editorial Note

## **Physical Medicine and Rehabilitation: Physical and Mental**

Rehabilitation is one of the medical services for achieving good health, prevention of disease, and treatment even though palliative care. This service helps people from infants until older to be able in activities and participation independently involving not only patients but also family, caregiver, rehabilitation team (physiotherapist, speech therapist, occupational therapist, orthopedist prosthetist, social worker, and psychology), stakeholders (teacher, government people, etc.). Anybody may need Rehabilitation for injury, disease, post-operation, or congenital anomaly, including mental and physical problems.

Mental health support is an important aspect of our rehabilitation programs. This edition consists of the article about psychological and physical function from children until adults. We can learn from the article that Rehabilitation can reduce the impact of a broad range of health conditions, and manage or prevent complications, including mental and physical problems such as cardiovascular disease, spina bifida, leg length discrepancy, etc. Thus, effective physical Rehabilitation is not possible without good mental health support.

We invite the contributions of more authors to shape and develop the journal, rather than receiving and adjudicating. Hopefully, the article in this edition will be inspired by all of us.

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