

# Editorial Note

Indonesian Journal of Physical and Medical Rehabilitation

Volume 14, First Edition

Dear Readers,

With great gratitude, we present the first edition of the Indonesian Journal of Physical and Medical Rehabilitation Volume 14. This edition marks an important initial step in this academic year, while also being a manifestation of our consistency in presenting the latest research and thoughts in the field of physical and medical rehabilitation.

In this edition we proud to present fourteen articles that are well worth reading. Readers will find a variety of articles that reflect advances in science, clinical practice, and innovations in rehabilitation services. Among them is an interesting article examining the effectiveness of virtual reality-based exercise therapy for cerebral palsy patients, as well as research about effectiveness of dry needling on reducing pain, increasing range of motion of the neck in myofascial pain syndrome.

We also highlight a case report about abdominal wall pain after varicocele surgery. The patient has received various types of treatment for five months, including prolotherapy and radiofrequency ablation on the ilioinguinal nerve, but has not recovered. Re-evaluation has been conducted and it was found that the cause of abdominal wall pain is the entrapment of the anterior cutaneous nerve. Diagnosing based on patient complaints and directed anamnesis accompanied by accurate physical examination is key in laying the foundation for the treatment plan. **Accurate therapy outcomes are preceded by a correct diagnosis.** A proper treatment plan targets the correct cause of pain and the pathophysiology behind it.

We believe that the articles in this edition not only enrich the scientific knowledge but also provide practical guidelines for clinicians, researchers, and policymakers in improving the quality of rehabilitation services in Indonesia and the surrounding areas.

We extend our gratitude to all the authors, reviewers, and the editorial team who have worked hard to maintain the quality and scientific integrity of this journal. We invite readers to participate in the development of this journal through manuscript contributions, constructive criticism, and academic collaboration.

Respectful greetings,

**Dr. dr. Rita Vivera Pane SpKFR., N.M (K)., FIPM., CIPS., FIPP**

Editor-in-Chief

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