

Editorial Note

The Challenging of Medical Rehabilitation

Rehabilitation aims to enhance and restore functional ability and quality of life from the variety of medical conditions experiences or likely experience disability. The function status associated with physical activity is a health indicator. Human functioning is a major target of the rehabilitation program.

There are medical conditions that affecting the quality of life, like chronic obstructive pulmonary disease (COPD), knee osteoarthritis, scoliosis, meningioma foramen magnum and forward head posture. Even like COPD could make a handicap in respiratory symptoms in a result of impairment or disability, which results from a person being unable to perform social skills. Scoliosis, Foramen magnum meningioma, Forward head posture (FHP) and many disorders may occur such as muscle imbalance, pain, muscle weakness, degenerative joint disease, decreased cardiovascular capacity, and neurological disorders.

All of these conditions require restoration of function from diseased or injured tissue which is the ultimate goal of both regenerative medicine and medical rehabilitation interventions. Medical Rehabilitation must be managed continuously, by a holistic and comprehensive approach to achieve and maintain optimal independence that includes restoration of the current function level of disability.

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